



# 10 QUESTIONS ABOUT SPIRIT GUIDES

*by Glynis Brits*

- HOW MANY GUIDES CAN ONE PERSON HAVE?
- DO WE EVER BECOME GUIDES?
- DO OUR GUIDES EVER LEAVE US?
- CAN WE SHARE GUIDES?



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## Question 1: How many spirit guides can a person have?

A: It is possible to have more than one guide. My guides are

**Oshvaria** – my main protector guide who has been with me through many lifetimes. She is an African Traditional Healer from the Masai Tribe, shows herself to have passed into Spirit for the last time at around age 90 and has a huge amount of wisdom and understanding of human beings that I'm so blessed she shares with me. She always sits with me when I do private readings and facilitates the conversation between my sitter, myself, the guides and loved ones who come through

**Kevin** – my teaching guide who assists me in teaching my mediumship & meditation classes. He allows me access to the Akashic Records which means that I am able to see not only my records but other people's records too. The greatest blessing is that he works with me to help others access their own Akashic Records and in so doing, have a glimpse into their past lives to gain a greater understanding of their current human existence

**Mary & Louise** – two guides who work together to inspire me in my writing and communication

**Atrayou** – my beautiful magician guide who works with me to bring healing to people whether it be hands-on or just through giving me a deeper insight into the human psyche and understanding our overwhelming connection to the universal consciousness.

Essentially I don't work with these guide at different individual times, they all interact with me throughout the various things that I do. So say for instance if I was doing a reading that the sitter required a lot of personal introspection, understanding of self and healing, then Atrayou would also be in that reading. If it was that the sitter required a lot of education in terms of spirit and how they work etc, then Kevin might pop into that reading as well

## Question 2: Do we ever become guides?

A: Eventually we do – once we have completed our journey to spiritual perfection

## Question 3 : Do our guides have a gender?

A : Not as we define gender. However, they do have a predominantly male or female vibration

## **Question 4: Can guides ever move objects?**

A: If really necessary but they very rarely do

## **Question 5 : Are there healing guides as well as healing angels?**

A : Yes, as well as spirit doctors, who all work together, for the betterment of all spirit beings to help us progress along our journey to ultimate perfection

## **Question 6 : Do our guides ever leave us?**

A : No, they remain with us throughout every moment of every day. Even more so during meditation and sleep-state

## **Question 7 : Is it possible to share guides?**

A : Yes, in that there are guides who have a specific purpose ie guides who specialise in helping us through grief, trauma, business ventures, emotional stress etc. And these are the guides that we feel moving in and out of our space. This can sometimes be quite confusing especially when we're not really aware that they have been sent to us to help us with something specific and then when they leave, we believe that our guide has left us. But it is actually just the shared guide who has been with you when you needed them, and now have left you. And so it is that we can feel these guides moving in and out of our space and as I said, can mistake this process for having being sent a new guide and having a guide being removed from us

## **Question 8 : Can a loved one who has passed over be our guide?**

A : No, unless they have perfected their journey completely and therefore assigned a new journey of their soul. However, we do have our loved ones around us and they are able to act in the capacity of a guide in that they can give us inspiration and guidance throughout certain experiences that we are going through, just as they would have if they were still walking the earth with us. So they maintain their role of mother, father, brother, sister and their love does not change and so just as they would help you through a difficult patch in your life when they were here, they try to do the same from the other side

## **Question 9 : What do our guides look like?**

A : For ease of reference they usually take on the last incarnation that they had. Essentially spirit is but sparks of light energy

## Question 10 : Do our guides have names?

A : If your guide does not give you name as reference, you are free to call him/her whatever you wish. They do not need a name, it is us who require this as a point of reference



I am a clairvoyant medium and spiritual teacher. Working from my home in North Riding, Fourways (Gauteng SA), I do private readings for clients where with the help of my Spirit Guide Oshvaria, I connect to my clients' Spirit Guides and Passed Loved ones to bring through messages of love and inspiration.

Our Spirit Guides are always with us and so with both my courses that I run – one to learn to connect to your Spirit Guides and develop your Mediumship should you so wish, and the other to work with Lightworkers wanting to start their own Spiritual Business Practise, or to develop their existing business – I teach my clients how to communicate with their Spirit Guides and the Universal Consciousness. Knowing that you are not alone and that you have their constant guidance in every aspect of your life, makes it so much easier for you to navigate your life.



If you'd like to do the full course, learning to connect to your Spirit Guides or develop your Mediumship, please do contact me.

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