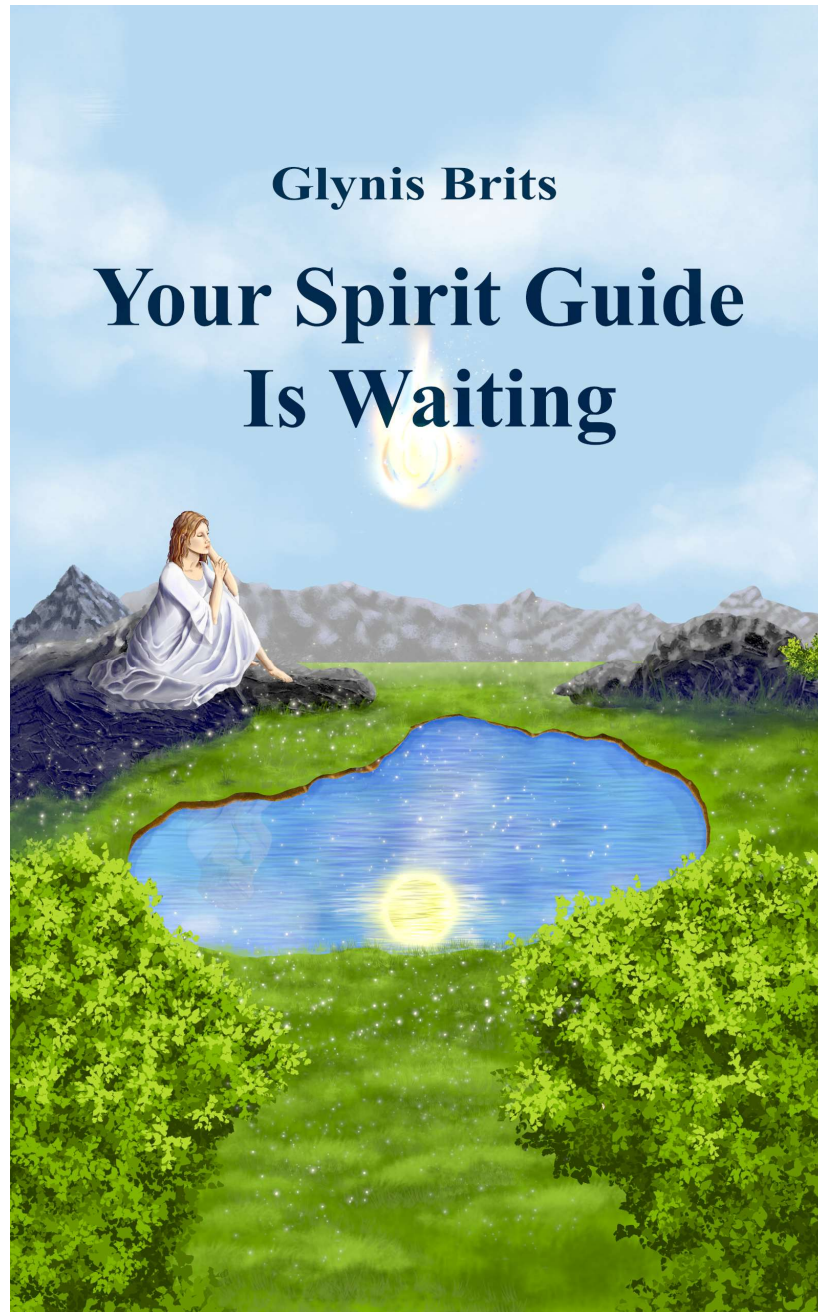




YOUR SPIRIT GUIDE IS WAITING

Can you open the door just
enough to let them in?

Glynis Brits

Copyright © [2026] [GLYNIS BRITS]
All rights reserved.

This book is independently published.

No portion of this book may be reproduced, stored in a retrieval system,
or transmitted in any form or by any means without written permission
from the copyright holder, except for brief quotations used in reviews.

First Edition

Cover Design by Andrea Brits

[www.spiritconnection.co.za]

DEDICATION

I lovingly dedicate this book to my mother, who passed away suddenly in 1997. Her loss came as a profound shock to both me and my family, and the grief that followed has stayed with me all these years. The depth of that loss changed me in ways I could never have imagined.

Although I had always considered myself a spiritual person, it was through my mother's passing that I truly began to embrace and deepen and more seriously walk my spiritual path. Her departure awakened within me a powerful desire to strengthen my connection to the spirit world and to seek greater meaning, understanding and purpose.

Since 1997, my life has transformed in countless ways, all of them leading me toward growth, healing, and personal fulfilment. I have tremendous passion for the work I do, and I know with all my heart that I would not be where I am today if it were not for her love, guidance, and enduring presence in my life. For that, I am forever grateful.

Your Spirit Guide is waiting is a culmination of everything that I teach and have learned over the many wonderfully fulfilling years of my spiritual journey. I first became interested in the esoteric when I was in my late teens and attended my first Spiritualist Church service when I was 17 years old (1974).

I would love to say that I was completely hooked, but in truth, I was a little afraid. Afraid of the unknown as I now know - we all are. Nevertheless, I was very intrigued by the idea that we can communicate with those in the spirit world and absolutely delighted to hear from my ancestors, some of whom I had not even met in this lifetime!

Life continued, as it does, and I never became too involved in any deep spiritual connection on a conscious level. Little did I know that this was the beginning of my spiritual journey. And when my mom passed into the spirit world back in 1997, I became way more serious about actually learning how to communicate with the spirit world.

The rest is history, as they say. I have gone on to become a clairvoyant medium, spiritual teacher and life coach and absolutely love everything that I do. I get so much joy from seeing others happy. From being able to connect those on the earth with their loved ones in the spirit world and to be able to teach what I know.

I decided to write *Your Spirit Guide is Waiting*, because... until you make the conscious choice to meet your Spirit Guide, that is exactly what they are doing. Waiting for you to meet them. And once you do, your life will never be the same.

My hope is that I have shared enough in this book to enlighten and inform as well as give you practical tools and exercises to do, to assist you along your spiritual journey. Whether it is that you want to work as a lightworker or just want to form a beautiful connection to your spirit guide, I have no doubt that you will gain from the contents of this book.

It would be remiss of me to not mention my two amazing spirit guides, Oshvaria and Kevin, who are with me every day and who guide

me and inspire me in everything that I do. I could not have written this book without their gentle but profound encouragement and direction.

Introduction

Your Spirit Guide Is Waiting

For as long as human beings have walked the earth, we have searched for meaning in what we can see, and for truth in everything we cannot. We have looked to the skies and to the stars, to dreams that linger after waking, to intuition that whispers when logic fails, and to those moments of uncanny timing that feel too purposeful to be coincidence. Most people sense, at least once in their lives, that something or someone beyond the physical world is gently trying to get their attention.

Most religions teach communication with the spirit world, yet many see this as just a romantic construct rather than actual truth. Very few are taught how to listen.

I wrote “Your Spirit Guide Is Waiting” because I know that you, whoever you are, wherever you are reading these words from, are being guided. Not in a figurative or poetic sense, and not as a vague idea meant to make life feel more comforting, but in a very real, very practical, and very personal way. You are being accompanied through your life by a spiritual presence whose purpose is to support you, teach you, nudge you toward your potential, and help illuminate the path that is uniquely yours.

For some, this realisation arrives in the form of signs or synchronicities, mostly as a result of experiencing the loss of a loved one, or through deep life-altering challenges. For others, it blooms quietly as intuition, as a sudden knowing, or as a feeling of protection in moments of uncertainty. And for many, it has always been there in the background;

an unseen companion patiently waiting for the day you finally turn toward the connection that has been available to you all along.

My own journey into mediumship, spiritual teaching, and life coaching, began some 25 years ago. It did not unfold in a straight line. It never does. In fact it was not even something I had considered when I first set out on my journey. I soon came to understand that the spirit realm does not push; it invites. It doesn't control; it co-creates. And it rarely reveals everything at once; instead, it uncovers layer by layer, revealing the guidance you are ready for when you are ready for it. Over many years of development, experiences with clients, and countless moments of awe, joy, and challenge, I have learned not only how the spirit world communicates with us, but how we can communicate back. How simple it is to form a two-way conscious form of communication that benefits us in so many wonderful ways.

What I discovered is simple, but profound:

Everyone has access to their spirit guides. Everyone is capable of connection. And everyone can learn to live a life infused with clarity, support, and spiritual purpose.

This book is your invitation to begin that journey.

Why I Wrote This Book

There are many books about angels, mediumship, psychic development, and spirituality. Some focus on technique. Some focus on philosophy. Some share captivating stories from the spirit realm.

This book is different.

Your Spirit Guide Is Waiting is intended to be a companion. Part teacher, part storyteller, part gentle guide. It draws from my personal experiences as a clairvoyant medium, spiritual teacher, and spiritual life coach, and as I share my life experience, I am so aware that the heart of

the book is not about me. It is about you: your awakening, your curiosity, your growth, and your desire to understand the invisible currents shaping your life. You see, my greatest joy comes from seeing others happy, knowing and fulfilling their purpose. My greatest honour is to equip others with the tools and knowledge to achieve this.

My aim is not simply to give you information; it is to help you build a relationship. By the time you reach the final chapters, I want you to feel not just inspired but empowered. Able to sense and know your spirit guides, communicate with them, and understand the deeper spiritual architecture that influences your soul's path.

Think of this book as a journey inward and upward at the same time: inward toward your intuitive and higher self, and upward toward the realm of spirit where your guide has been waiting patiently for your attention.

What You Will Discover in These Pages

The chapters of this book follow a natural progression. A path from understanding to connection, from connection to alignment, and from alignment to living spiritually empowered in daily life.

In Chapter 1, we begin with the most fundamental truth: your spirit guide already knows you intimately. Long before you read this book, long before any conscious interest in spirituality awakened within you, your guide was present. You will learn how this relationship began, why it exists, and how your guide communicates with you in ways you may already be sensing but not yet recognising.

In Chapter 2, we move from awareness to action, exploring how to build a conscious, grounded, and reliable connection. Many believe that

spirit communication is reserved for the gifted few. But connection is a skill, not a special privilege. You will discover ways to strengthen intuition, open channels of communication, and begin forming a dialogue with your guide that is practical, supportive, and deeply personal.

Chapter 3 expands the lens. Here, we expand on the personal relationship with your guide and explore the greater spiritual landscape: the universal consciousness. You will gain insight into the energetic fabric that connects all beings, the flow of wisdom and information that exists beyond linear time, and the ways in which spirit guides interact with this universal field on your behalf.

In Chapter 4, we enter the spirit realm itself. Not as a fantasy, but as a structured, purposeful, and dynamic dimension. You will learn how the spirit realm operates, how energy moves through it, and what you may encounter when you begin working consciously with spirit. My intention is to remove fear, replace uncertainty with understanding, and offer a grounded foundation for spiritual exploration.

Chapter 5 is where we begin diving into the practical side: mediumship, intuitive development, and tools of communication. Whether you are simply curious or feel called to a deeper path, you will gain clarity on how mediums connect, how messages flow, and how tools like tarot, pendulums, or reiki can support your connection and how you work with your spirit guides.

Chapter 6 explores the architecture of the soul, life paths, soul contracts, and karma. This chapter often brings readers the greatest sense of relief and recognition. Many of the patterns you experience in your life are not random; they are chosen, designed, or influenced by deeper soul agreements. Understanding these agreements can help you move forward with far more compassion for yourself.

In Chapter 7 you will explore what it means to walk the path of a lightworker. Whether your calling is to serve others professionally or

simply to bring higher consciousness into your daily interactions, this chapter offers insight into the many forms of spiritual service, and how to honour your unique path without comparison or pressure.

Chapter 8 brings spirituality into the modern world. We live in a fast, noisy, overstimulated age. But spirituality is not meant to pull you away from your life; it is meant to enhance it. You will learn practical ways to maintain connection, grounding, and clarity, while living a full human life.

Chapter 9 returns us to the heart of the journey: living your life in constant, effortless connection with your spirit guide. The goal is not to meditate for hours every day or become dependent on guidance. The goal is to integrate that connection so deeply that your spiritual alignment becomes as natural as breathing.

And finally, Chapter 10 is a gift: a collection of fun, surprising, heartfelt stories from my clients that reveal just how magical, inspirational, and deeply loving the spirit realm can be. It is a reminder that this work is not only profound - it is both melancholic and joyful. I am not just imparting these encounters as stories. There is deep and meaningful insight to be gained from each of the experiences I have chosen to share with you.

How to Use This Book

At the end of each chapter, you will find reflections, exercises, journal prompts, and a guided meditation. These are not add-ons; they are part of the journey. The exercises help integrate the chapter's teachings. The journal prompts allow you to explore your experiences more deeply. The meditations open energetic pathways that words alone cannot reach.

You may choose to move through the book slowly, allowing each chapter to settle within you. Or you may read it quickly and return later to the practices. There is no right or wrong way to travel this path. Your